

Journey
through
Psalms & Proverbs



Monthly Devo Book

Instructions

- 1. Read one Psalm and one Proverb every day to match the day of the month.**
 - So, if it is the 27th, then, read Psalm chapter 27 and Proverbs chapter 27.
 - OR if you want to read through it for a few months, read the next Psalm listed for that day of the month and the Proverb listed.
- 2. Then, write down you answers to these 3 questions:**
 - God, based on the truth of Your Word, what do You want me to know?
 - God, based on the truth of Your Word, what do You want me to do?
 - God, based on the truth of Your Word, what is Your purpose for me today?
- 3. Then, if you want to pray some too, pray in the PATA order:**

PRAISE God for Who He IS.

ADMIT to God the wrong things you have done and ask for His forgiveness and help to change.

THANK God for the things He has DONE for you.

ASK God for help with things in your life and others' lives.

Day 1: Psalm 1 (or 32, 63, 94, 125) & Proverbs 1

1. Read the Psalm and Proverb listed above.

2. Then, write down you answers to these 3 questions:

- God, based on the truth of Your Word, what do You want me to know?

- God, based on the truth of Your Word, what do You want me to do?

- God, based on the truth of Your Word, what is Your purpose for me today?

3. Then, if you want to pray some more, pray in the PATA order:

PRAISE God for Who He IS.

ADMIT to God the wrong things you have done and ask for His forgiveness and help to change.

THANK God for the things He has DONE for you.

ASK God for help with things in your life and others' lives.

Day 2: Psalm 2 (or 2, 33, 64, 95, 126) & Proverbs 2

1. Read the Psalm and Proverb listed above.

2. Then, write down you answers to these 3 questions:

- God, based on the truth of Your Word, what do You want me to know?

- God, based on the truth of Your Word, what do You want me to do?

- God, based on the truth of Your Word, what is Your purpose for me today?

3. Then, if you want to pray some more, pray in the PATA order:

PRAISE God for Who He IS.

ADMIT to God the wrong things you have done and ask for His forgiveness and help to change.

THANK God for the things He has **DONE** for you.

ASK God for help with things in your life and others' lives.

Day 3: Psalm 3 (or 34, 65, 96, 127) & Proverbs 3

1. Read the Psalm and Proverb listed above.

2. Then, write down you answers to these 3 questions:

- God, based on the truth of Your Word, what do You want me to know?

- God, based on the truth of Your Word, what do You want me to do?

- God, based on the truth of Your Word, what is Your purpose for me today?

3. Then, if you want to pray some more, pray in the PATA order:

PRAISE God for Who He IS.

ADMIT to God the wrong things you have done and ask for His forgiveness and help to change.

THANK God for the things He has **DONE** for you.

ASK God for help with things in your life and others' lives.

Day 4: Psalm 4 (or 35, 66, 97, 128) & Proverbs 4

1. Read the Psalm and Proverb listed above.

2. Then, write down you answers to these 3 questions:

- God, based on the truth of Your Word, what do You want me to know?
- God, based on the truth of Your Word, what do You want me to do?
- God, based on the truth of Your Word, what is Your purpose for me today?

3. Then, if you want to pray some more, pray in the PATA order:

PRAISE God for Who He IS.

ADMIT to God the wrong things you have done and ask for His forgiveness and help to change.

THANK God for the things He has DONE for you.

ASK God for help with things in your life and others' lives.

Day 5: Psalm 5 (or 36, 67, 98, 129) & Proverbs 5

1. Read the Psalm and Proverb listed above.

2. Then, write down you answers to these 3 questions:

- God, based on the truth of Your Word, what do You want me to know?
- God, based on the truth of Your Word, what do You want me to do?
- God, based on the truth of Your Word, what is Your purpose for me today?

3. Then, if you want to pray some more, pray in the PATA order:

PRAISE God for Who He IS.

ADMIT to God the wrong things you have done and ask for His forgiveness and help to change.

THANK God for the things He has DONE for you.

ASK God for help with things in your life and others' lives.

Day 6: Psalm 6 (or 37, 68, 99, 130) & Proverbs 6

1. Read the Psalm and Proverb listed above.

2. Then, write down you answers to these 3 questions:

- God, based on the truth of Your Word, what do You want me to know?

- God, based on the truth of Your Word, what do You want me to do?

- God, based on the truth of Your Word, what is Your purpose for me today?

3. Then, if you want to pray some more, pray in the PATA order:

PRAISE God for Who He IS.

ADMIT to God the wrong things you have done and ask for His forgiveness and help to change.

THANK God for the things He has DONE for you.

ASK God for help with things in your life and others' lives.

Day 7: Psalm 7 (or 38, 69, 100, 131) & Proverbs 7

1. Read the Psalm and Proverb listed above.

2. Then, write down you answers to these 3 questions:

- God, based on the truth of Your Word, what do You want me to know?
- God, based on the truth of Your Word, what do You want me to do?
- God, based on the truth of Your Word, what is Your purpose for me today?

3. Then, if you want to pray some more, pray in the PATA order:

PRAISE God for Who He IS.

ADMIT to God the wrong things you have done and ask for His forgiveness and help to change.

THANK God for the things He has **DONE** for you.

ASK God for help with things in your life and others' lives.

Day 8: Psalm 8 (or 39, 70, 101, 132) & Proverbs 8

1. Read the Psalm and Proverb listed above.

2. Then, write down you answers to these 3 questions:

- God, based on the truth of Your Word, what do You want me to know?
- God, based on the truth of Your Word, what do You want me to do?
- God, based on the truth of Your Word, what is Your purpose for me today?

3. Then, if you want to pray some more, pray in the PATA order:

PRAISE God for Who He IS.

ADMIT to God the wrong things you have done and ask for His forgiveness and help to change.

THANK God for the things He has DONE for you.

ASK God for help with things in your life and others' lives.

Day 9: Psalm 9 (or 40, 71, 102, 133) & Proverbs 9

1. Read the Psalm and Proverb listed above.

2. Then, write down you answers to these 3 questions:

- God, based on the truth of Your Word, what do You want me to know?

- God, based on the truth of Your Word, what do You want me to do?

- God, based on the truth of Your Word, what is Your purpose for me today?

3. Then, if you want to pray some more, pray in the PATA order:

PRAISE God for Who He IS.

ADMIT to God the wrong things you have done and ask for His forgiveness and help to change.

THANK God for the things He has **DONE** for you.

ASK God for help with things in your life and others' lives.

Day 10: Psalm 10 (or 41, 72, 103, 134) & Proverbs 10

1. Read the Psalm and Proverb listed above.

2. Then, write down you answers to these 3 questions:

- God, based on the truth of Your Word, what do You want me to know?
- God, based on the truth of Your Word, what do You want me to do?
- God, based on the truth of Your Word, what is Your purpose for me today?

3. Then, if you want to pray some more, pray in the PATA order:

PRAISE God for Who He IS.

ADMIT to God the wrong things you have done and ask for His forgiveness and help to change.

THANK God for the things He has DONE for you.

ASK God for help with things in your life and others' lives.

Day 11: Psalm 11 (or 42, 73, 104, 135) & Proverbs 11

1. Read the Psalm and Proverb listed above.

2. Then, write down you answers to these 3 questions:

- God, based on the truth of Your Word, what do You want me to know?
- God, based on the truth of Your Word, what do You want me to do?
- God, based on the truth of Your Word, what is Your purpose for me today?

3. Then, if you want to pray some more, pray in the PATA order:

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THANK God for the things He has DONE for you.

ASK God for help with things in your life and others' lives.

Day 12: Psalm 12 (or 43, 74, 105, 136) & Proverbs 12

1. Read the Psalm and Proverb listed above.

2. Then, write down you answers to these 3 questions:

- God, based on the truth of Your Word, what do You want me to know?

- God, based on the truth of Your Word, what do You want me to do?

- God, based on the truth of Your Word, what is Your purpose for me today?

3. Then, if you want to pray some more, pray in the PATA order:

PRAISE God for Who He IS.

ADMIT to God the wrong things you have done and ask for His forgiveness and help to change.

THANK God for the things He has DONE for you.

ASK God for help with things in your life and others' lives.

Day 13: Psalm 13 (or 44, 75, 106, 137) & Proverbs 13

1. Read the Psalm and Proverb listed above.

2. Then, write down you answers to these 3 questions:

- God, based on the truth of Your Word, what do You want me to know?

- God, based on the truth of Your Word, what do You want me to do?

- God, based on the truth of Your Word, what is Your purpose for me today?

3. Then, if you want to pray some more, pray in the PATA order:

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THANK God for the things He has DONE for you.

ASK God for help with things in your life and others' lives.

Day 14: Psalm 14 (or 45, 76, 107, 138) & Proverbs 14

1. Read the Psalm and Proverb listed above.

2. Then, write down you answers to these 3 questions:

- God, based on the truth of Your Word, what do You want me to know?

- God, based on the truth of Your Word, what do You want me to do?

- God, based on the truth of Your Word, what is Your purpose for me today?

3. Then, if you want to pray some more, pray in the PATA order:

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THANK God for the things He has DONE for you.

ASK God for help with things in your life and others' lives.

Day 15: Psalm 15 (or 46, 77, 108, 139) & Proverbs 15

1. Read the Psalm and Proverb listed above.

2. Then, write down you answers to these 3 questions:

- God, based on the truth of Your Word, what do You want me to know?
- God, based on the truth of Your Word, what do You want me to do?
- God, based on the truth of Your Word, what is Your purpose for me today?

3. Then, if you want to pray some more, pray in the PATA order:

PRAISE God for Who He IS.

ADMIT to God the wrong things you have done and ask for His forgiveness and help to change.

THANK God for the things He has DONE for you.

ASK God for help with things in your life and others' lives.

Day 16: Psalm 16 (or 47, 78, 109, 140) & Proverbs 16

1. Read the Psalm and Proverb listed above.

2. Then, write down you answers to these 3 questions:

- God, based on the truth of Your Word, what do You want me to know?
- God, based on the truth of Your Word, what do You want me to do?
- God, based on the truth of Your Word, what is Your purpose for me today?

3. Then, if you want to pray some more, pray in the PATA order:

PRAISE God for Who He IS.

ADMIT to God the wrong things you have done and ask for His forgiveness and help to change.

THANK God for the things He has DONE for you.

ASK God for help with things in your life and others' lives.

Day 17: Psalm 17 (or 48, 79, 110, 141) & Proverbs 17

1. Read the Psalm and Proverb listed above.

2. Then, write down you answers to these 3 questions:

- God, based on the truth of Your Word, what do You want me to know?
- God, based on the truth of Your Word, what do You want me to do?
- God, based on the truth of Your Word, what is Your purpose for me today?

3. Then, if you want to pray some more, pray in the PATA order:

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THANK God for the things He has DONE for you.

ASK God for help with things in your life and others' lives.

Day 18: Psalm 18 (or 49, 80, 111, 142) & Proverbs 18

1. Read the Psalm and Proverb listed above.

2. Then, write down you answers to these 3 questions:

- God, based on the truth of Your Word, what do You want me to know?

- God, based on the truth of Your Word, what do You want me to do?

- God, based on the truth of Your Word, what is Your purpose for me today?

3. Then, if you want to pray some more, pray in the PATA order:

PRAISE God for Who He IS.

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THANK God for the things He has DONE for you.

ASK God for help with things in your life and others' lives.

Day 19: Psalm 19 (or 50, 81, 112, 143) & Proverbs 19

1. Read the Psalm and Proverb listed above.

2. Then, write down you answers to these 3 questions:

- God, based on the truth of Your Word, what do You want me to know?
- God, based on the truth of Your Word, what do You want me to do?
- God, based on the truth of Your Word, what is Your purpose for me today?

3. Then, if you want to pray some more, pray in the PATA order:

PRAISE God for Who He IS.

ADMIT to God the wrong things you have done and ask for His forgiveness and help to change.

THANK God for the things He has DONE for you.

ASK God for help with things in your life and others' lives.

Day 20: Psalm 20 (or 51, 82, 113, 144) & Proverbs 20

1. Read the Psalm and Proverb listed above.

2. Then, write down you answers to these 3 questions:

- God, based on the truth of Your Word, what do You want me to know?

- God, based on the truth of Your Word, what do You want me to do?

- God, based on the truth of Your Word, what is Your purpose for me today?

3. Then, if you want to pray some more, pray in the PATA order:

PRAISE God for Who He IS.

ADMIT to God the wrong things you have done and ask for His forgiveness and help to change.

THANK God for the things He has DONE for you.

ASK God for help with things in your life and others' lives.

Day 21: Psalm 21 (or 52, 83, 114, 145) & Proverbs 21

1. Read the Psalm and Proverb listed above.

2. Then, write down you answers to these 3 questions:

- God, based on the truth of Your Word, what do You want me to know?
- God, based on the truth of Your Word, what do You want me to do?
- God, based on the truth of Your Word, what is Your purpose for me today?

3. Then, if you want to pray some more, pray in the PATA order:

PRAISE God for Who He IS.

ADMIT to God the wrong things you have done and ask for His forgiveness and help to change.

THANK God for the things He has DONE for you.

ASK God for help with things in your life and others' lives.

Day 22: Psalm 22 (or 53, 84, 115, 146) & Proverbs 22

1. Read the Psalm and Proverb listed above.

2. Then, write down you answers to these 3 questions:

- God, based on the truth of Your Word, what do You want me to know?
- God, based on the truth of Your Word, what do You want me to do?
- God, based on the truth of Your Word, what is Your purpose for me today?

3. Then, if you want to pray some more, pray in the PATA order:

PRAISE God for Who He IS.

ADMIT to God the wrong things you have done and ask for His forgiveness and help to change.

THANK God for the things He has DONE for you.

ASK God for help with things in your life and others' lives.

Day 23: Psalm 23 (or 54, 85, 116, 147) & Proverbs 23

1. Read the Psalm and Proverb listed above.

2. Then, write down you answers to these 3 questions:

- God, based on the truth of Your Word, what do You want me to know?

- God, based on the truth of Your Word, what do You want me to do?

- God, based on the truth of Your Word, what is Your purpose for me today?

3. Then, if you want to pray some more, pray in the PATA order:

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THANK God for the things He has DONE for you.

ASK God for help with things in your life and others' lives.

Day 24: Psalm 24 (or 55, 86, 117, 148) & Proverbs 24

1. Read the Psalm and Proverb listed above.

2. Then, write down you answers to these 3 questions:

- God, based on the truth of Your Word, what do You want me to know?

- God, based on the truth of Your Word, what do You want me to do?

- God, based on the truth of Your Word, what is Your purpose for me today?

3. Then, if you want to pray some more, pray in the PATA order:

PRAISE God for Who He IS.

ADMIT to God the wrong things you have done and ask for His forgiveness and help to change.

THANK God for the things He has DONE for you.

ASK God for help with things in your life and others' lives.

Day 25: Psalm 25 (or 56, 87, 118, 149) & Proverbs 25

1. Read the Psalm and Proverb listed above.

2. Then, write down you answers to these 3 questions:

- God, based on the truth of Your Word, what do You want me to know?
- God, based on the truth of Your Word, what do You want me to do?
- God, based on the truth of Your Word, what is Your purpose for me today?

3. Then, if you want to pray some more, pray in the PATA order:

PRAISE God for Who He IS.

ADMIT to God the wrong things you have done and ask for His forgiveness and help to change.

THANK God for the things He has DONE for you.

ASK God for help with things in your life and others' lives.

Day 26: Psalm 26 (or 57, 88, 119, 150) & Proverbs 26

1. Read the Psalm and Proverb listed above.

2. Then, write down you answers to these 3 questions:

- God, based on the truth of Your Word, what do You want me to know?

- God, based on the truth of Your Word, what do You want me to do?

- God, based on the truth of Your Word, what is Your purpose for me today?

3. Then, if you want to pray some more, pray in the PATA order:

PRAISE God for Who He IS.

ADMIT to God the wrong things you have done and ask for His forgiveness and help to change.

THANK God for the things He has **DONE** for you.

ASK God for help with things in your life and others' lives.

Day 27: Psalm 27 (or 58, 89, 120) & Proverbs 27

- 1. Read the Psalm and Proverb listed above.**
- 2. Then, write down you answers to these 3 questions:**
 - God, based on the truth of Your Word, what do You want me to know?
 - God, based on the truth of Your Word, what do You want me to do?
 - God, based on the truth of Your Word, what is Your purpose for me today?

- 3. Then, if you want to pray some more, pray in the PATA order:**

PRAISE God for Who He IS.

ADMIT to God the wrong things you have done and ask for His forgiveness and help to change.

THANK God for the things He has **DONE** for you.

ASK God for help with things in your life and others' lives.

Day 28: Psalm 28 (or 59, 90, 121) & Proverbs 28

1. Read the Psalm and Proverb listed above.

2. Then, write down you answers to these 3 questions:

- God, based on the truth of Your Word, what do You want me to know?

- God, based on the truth of Your Word, what do You want me to do?

- God, based on the truth of Your Word, what is Your purpose for me today?

3. Then, if you want to pray some more, pray in the PATA order:

PRAISE God for Who He IS.

ADMIT to God the wrong things you have done and ask for His forgiveness and help to change.

THANK God for the things He has **DONE** for you.

ASK God for help with things in your life and others' lives.

Day 29: Psalm 29 (or 60, 91, 122) & Proverbs 29

- 1. Read the Psalm and Proverb listed above.**
- 2. Then, write down you answers to these 3 questions:**
 - God, based on the truth of Your Word, what do You want me to know?
 - God, based on the truth of Your Word, what do You want me to do?
 - God, based on the truth of Your Word, what is Your purpose for me today?

- 3. Then, if you want to pray some more, pray in the PATA order:**

PRAISE God for Who He IS.

ADMIT to God the wrong things you have done and ask for His forgiveness and help to change.

THANK God for the things He has **DONE** for you.

ASK God for help with things in your life and others' lives.

Day 30: Psalm 30 (or 61, 92, 123) & Proverbs 30

1. Read the Psalm and Proverb listed above.

2. Then, write down you answers to these 3 questions:

- God, based on the truth of Your Word, what do You want me to know?

- God, based on the truth of Your Word, what do You want me to do?

- God, based on the truth of Your Word, what is Your purpose for me today?

3. Then, if you want to pray some more, pray in the PATA order:

PRAISE God for Who He IS.

ADMIT to God the wrong things you have done and ask for His forgiveness and help to change.

THANK God for the things He has DONE for you.

ASK God for help with things in your life and others' lives.

Day 31: Psalm 31 (or 62, 93, 124) & Proverbs 31

- 1. Read the Psalm and Proverb listed above.**
- 2. Then, write down you answers to these 3 questions:**
 - God, based on the truth of Your Word, what do You want me to know?
 - God, based on the truth of Your Word, what do You want me to do?
 - God, based on the truth of Your Word, what is Your purpose for me today?

- 3. Then, if you want to pray some more, pray in the PATA order:**

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